

SPORTS AND SUSTAINABILITY PROJECT E-TWINNING FOUNDATION

EVERYBODY KNOWS THAT LEADING A HEALTHY LIFE IS ESSENTIAL TO OUR WELL-BEING. THAT'S WHY WE HAVE THE RESPONSIBILITY TO EDUCATE OUR STUDENTS TO ACQUIRE A SERIES OF HEALTHY HABITS AT AN EARLY AGE. DURING CHILDHOOD, CHILDREN SHOW CURIOSITY AND LEARN ABOUT THE WORLD AROUND THEM. IT'S AT THIS TIME WHEN THEY BEGIN TO ACQUIRE THE HABITS AND CUSTOMS THAT WILL LAY THE FOUNDATIONS OF THEIR HEALTH AND BEHAVIOUR THROUGHOUT LIFE.

OBJECTIVES

THE DEVELOPMENT OF THIS PROJECT AIMS FOR THE ACTIVE AND RESPONSIBLE IMPLICATION OF THE STUDENTS BECAUSE OF SUSTAINABLE DEVELOPMENT GOALS, CONCERNING HEALTH, INCLUSION, AND TAKING CARE OF THE ENVIRONMENT.

- TO PREVENT OBESITY, BUILDING UP HEALTHY HABITS.
- TO BE CONSCIOUS ABOUT HUNGER AND MALNUTRITION
- TO RECOGNIZE THE PRINCIPLES OF FREEDOM, JUSTICE, AND PEACE.
- TO RAISE AWARENESS ABOUT NO DISCRIMINATION.
- TO FAVOR COMMITTED AND RESPONSIBLE ATTITUDES.
- TO ENHANCE TEAMWORK.
- TO GENERATE HABITS OF ENVIRONMENTAL PROTECTION

PROJECT PARTNERS

SPAIN

- MERITXELL CASTELLVELL
MARIA ANNA MOGAS GRANOLLERS
COLEGIO DIVINA PASTORA MADRID
- FERNANDO ORTEGA CORTES
COLEGIO DIVINA PASTORA MADRID
- LUIS SANCHEZ
BEATO DIVINA PASTORA TOLEDA
- MARA DEL CARMEN GARCIA REYES
COLEGIO DIVINA PASTORA LEON
- PATRICIA GOMEZ
COLEGIO PLURILINGUE DIVINA PASTORA O BARCO
- ROCIO JIMENEZ
COLEGIO DIVINA PASTORA CORDOBA
- VANESA ALVAREZ PASTORA
COLEGIO DIVINA PASTORA LEON

TURKEY

- GÖZDE AYDEMİR
ALTINDAĞ BELEDİYESİ NENE HATUN ANAOKULU
ANKARA
- AYŞEN DİDEM VURAL
ALTINDAĞ BELEDİYESİ NENE HATUN ANAOKULU
ANKARA
- KEZİBAN KILIÇARSLAN
ŞEHİT EYYÜP OĞUZ ANAOKULU ANKARA
- SENEM ÖKMEN
ŞEHİT EYYÜP OĞUZ ANAOKULU ANKARA
- HİLAL ÖZAY
MÜRÜVET ALPAGOT ANAOKULU KONYAALTI/ANTALYA

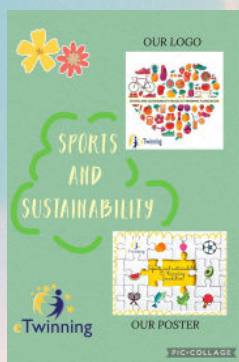
ROMANIA

- ADRIANA LAVINIA NECULA
GRADINITA CU PROGRAM PRELUNGIT 'INOCENTA'
GAESTI
- MARINELA - VALERICA NITA
GRADINITA CU PROGRAM PRELUNGIT 'INOCENTA'
GAESTI



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WORK PLAN

----FIRST TERM----

DURING THE FIRST TERM, THE FOLLOWING ACTIVITIES WILL BE CONDUCTED AROUND HEALTHY HABITS WITH THE TITLE "GROWING HEALTHY DEPENDS ON YOU".

ACTIVITIES:

- PRESENTING CONTENT ON HEALTHY HABITS IN ALIMENTATION AND THE NEED TO INCLUDE DAILY PHYSICAL ACTIVITY FOR OUR GROWTH.

- TO RAISE AWARENESS OF THE GOALS ACHIEVED, THE CELEBRATION OF OCTOBER 28TH (WORLD FOOD DAY) WILL TAKE PLACE. THE GRADES INVOLVED WILL CREATE A PANEL AND WILL READ A LETTER THAT EXPRESSES THEIR GOALS.

- THE EVOLUTION OF STUDENTS' HEALTHY HABITS AND THEIR COMMITMENTS TO THE PROGRAMMED ACTIVITIES WILL BE EVALUATED.

----SECOND TERM----

WITH THE TITLE "THE INCLUSION AS A WAY TO ACHIEVE EQUALITY AND SOCIAL JUSTICE", THE FOLLOWING ACTIVITIES WILL BE DEVELOPED:

ACTIVITIES:

- CONTENTS ABOUT THE PRINCIPLES OF FREEDOM, JUSTICE, AND PEACE. A COLLABORATIVE BOOK THAT DESCRIBES SITUATIONS IN OUR MOST CLOSE ENVIRONMENT OF DISCRIMINATION AND VIOLENCE.

- PROGRAMMING OF INCLUSIVE ACTIVITIES IN THE PLAYGROUND THAT FAVOR RELATIONS BETWEEN STUDENTS.

----THIRD TERM----

WITH THE TITLE "TAKING CARE OF THE COMMON HOUSE" THE FOLLOWING ACTIVITIES WILL BE DEVELOPED:

- WORKING ON THE IMPACT OF HUMAN BEINGS' ACTIVITY ON PLANET EARTH.

- RAISE AWARENESS ON APRIL 22ND, 2022 (INTERNATIONAL DAY OF THE MOTHER EARTH) ON OUR COMMITMENTS TO THE PLANET

- RAISING A SCHOLAR ORCHARD

